

Call for Scientific Abstracts and Clinical Cases

Important Dates

- **Deadline for Submission of Scientific Abstracts and Clinical Cases:** December 15, 2026
- **Notification of Acceptance or Rejection:** December 30, 2026

Please submit abstracts and clinical cases by email to **contact@medlifestyle.org**.

When submitting, please indicate whether you prefer an Oral or Poster Presentation.

Submission Rules

1. Each person may submit and serve as the **first author** on a maximum of **one scientific abstract and one clinical case abstract**. Individuals may serve as co-authors on an unlimited number of additional abstracts.
2. The **first-named author must present** the abstract or clinical case.
3. **All authors must approve** the submitted abstract or clinical case.
4. The primary focus and substantive content of the submitted abstract or case must be **novel**.
5. Authors who use **artificial intelligence (AI) tools** in the writing of a manuscript, production of images or graphical elements, or collection and analysis of data must transparently disclose **how AI was used and which AI tool was used** in the submission and in the corresponding slides or poster presentation. Authors remain fully responsible for the content of their submission, including any portions produced or assisted by an AI tool, and are responsible for any breach of publication ethics.
6. Presenters agree to pay the **meeting registration fee** and any other costs associated with presenting at the Symposium.
7. Accepted abstracts will be **published in the Symposium Proceedings**.

Preparing the Abstract

A. Research Abstracts

- Abstracts are limited to **2,000 characters**, excluding spaces, the title, and the author/institution block.
- **Tables, charts, and graphs count as 300 characters each.**
- Grant funding and AI acknowledgements should be indicated in the appropriate field during submission.
- The abstract must be written in **English** and must be grammatically correct.

Title:

The title should be brief (**fewer than 15 words**) and written in **Title Case**.

Authors:

List authors by **first name followed by last name**. Do not include academic or professional degree titles.

Institutions:

Include the institutional affiliation of each author. **Do not include department names.**

Text:

The abstract must be informative and structured using the following headings:

- **PURPOSE:** Clearly state the specific purpose or objective of the study.
- **METHODS:** Describe the methods used.
- **RESULTS:** Summarize the main findings.
- **CONCLUSION:** State the principal conclusion or implications of the findings.

Statements such as “**The results will be discussed**” are not acceptable.

B. Clinical Case or Work Experience Abstracts

Clinical case and work experience abstracts are limited to **2,000 characters**, excluding spaces, the title, and the author/institution block.

The abstract should provide a concise synopsis of the case or work experience, including, as applicable:

- **History and Physical Examination**
- **Final or Working Diagnosis**
- **Treatment and Outcomes**

Title:

The title should be brief (**fewer than 15 words**) and written in **Title Case**.

Authors:

List authors by **first name followed by last name**. Do not include academic or professional degree titles.

Institutions:

Include the institutional affiliation of each author. **Do not include department names.**

Text:

The abstract should consist of **two paragraphs**:

Paragraph 1: Describe the history and relevant clinical details of the case or work experience.

Paragraph 2: Include:

- **Working Diagnosis**
- **Treatment and Outcomes**