



Ikaria – Greece *June 15-20, 2025*

Hello friends!

My name is Catherine and I am the owner of *Welcome Exclusive Travel Services*. I am glad to let you know that I am planning a trip to the beautiful island of Ikaria, one of the world's 5 "Blue Zones", immediately following the MLMI Symposium, June 15-20, 2025!

What a better way to conclude your visit to Greece! Ikaria with its unparalleled beauty and longevity secrets will amaze you. It's a humble island, well known for its simple way of living.

You will get the chance to connect with nature, visit traditional picturesque mountain villages and amazingly rugged beaches, enjoy the Ikarian cuisine and meet the locals, famous for their relaxed attitude. The itinerary will include hiking, swimming, cooking, wine tasting, and an overview of the island's rich history (see tentative itinerary below).

WE CAN ONLY ACCOMMODATE 15 PEOPLE, ON A FIRST-COME FIRST-SERVED BASIS.

So, come along! I want to share with you Ikaria's secrets!

Best regards

Catherine Iliadou (Kaiti)



Tentative itinerary-All activities are subject to change.

Welcome - Exclusive Travel Services

8222 Taylor Crt, West Windsor, NJ - 08550, USA; 732.910.9911; ciliadou@gmail.com

(You will receive the final itinerary as soon as the activities are confirmed)

June 15

Arrival in Ikaria
Dinner at a local restaurant

June 16

Swim at Armenistis beach
Lunch at Atsahas
Afternoon hike to Christos Raches village
Dinner at the village square

June 17

Drive to the famous Seychelles beach
Boat to the beach
Swim at Seyhelles beach
Lunch at “Yalos ehi fourtouna”

Drive to Therma village
Swim at Therma and spend time at the thermal springs
Dinner at Therma

Return to our hotel around midnight

June 18

Free day

June 19

Winery visit and wine tasting
Lunch
Farewell dinner, music and dance at a taverna.

June 20

Departure

Cost

Double occupancy: 1250 Euros (1300 Euros if paid by credit card)

Single occupancy: 1500 Euros (1570 Euros if paid by credit card)

Payment Deadline: November 1st, 2024

Cancellation Policy: 45+ days prior to start date: full refund minus \$500 cancellation fee; 20 - 45 days prior to start date: refund of 50% of total cost; 1 - 21 days prior to start date: subject to a one hundred percent (100%) cancellation fee of the total cost

Included in the cost: Ferry Boat from Leros to Ikaria, hotel accommodations, scheduled dinners, transportation on the island, organized local tours, scheduled group activities.

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